

# VISIT CHINA

JOIN SPIRAL INTERNATIONAL'S  
PATHS OF CHINESE SPIRITUALITY TOUR  
mid-April 2019

*Adults and teens: discover China!*

*Sign up NOW for the trip of a lifetime.*

Explore four of China's most fascinating cities.

Visit world-famous historic monuments.

Gain a personal understanding of spiritual, cultural, and social life in contemporary China.

## *World-famous historic and cultural sites*

- ✦ **Beijing:** the center of China's cultural and the national capital for more than 800 years. The tour will include the Forbidden City, Tiananmen Square, the Temple of Heaven, the Summer Palace and the unforgettable Great Wall.
- ✦ **Xi'an:** the ancient capital where the Terracotta Soldiers display the historical splendor of China. We'll devote an entire morning to the Terracotta Soldiers, as well as visiting a mosque, the Museum of Chinese Folk Culture, and the unique bathing pool of the Tang Dynasty royal family.
- ✦ **Chongqing:** the capital city of China during World War II, now an industrial and IT center of China. We'll explore a Daoist Temple and the Stilwell Museum, and feast on a traditional Hot Pot dinner.
- ✦ **Chengdu:** the capital city of Shu State in the Warring States Period. We'll discover the Giant Panda Center, the Wuhou Temple, and a traditional Chinese market.



## **Cost of the 12-day trip: \$3,800 (includes air fare)**

Includes round-trip international airfare to Beijing, hotel, meals, transportation within China, entertainment, international travel insurance, and the visa application fee. Personal expenses are not included. Minimum group size is 15.

## How to participate



- Oct. 31, 2018** Submit \$800 deposit and your registration form. The deposit is non-refundable unless the trip is cancelled by SPIRAL.
- Dec. 1, 2018** Final decision to schedule the trip made by SPIRAL.
- Dec. 15, 2018** 50% of balance due (\$1,500). Tickets will be bought shortly thereafter, after which only non-ticket costs may be refunded.
- Feb. 15, 2019** Remaining balance due (\$1,500). Refunds after this date will be reviewed on a case-by-case basis only.
- Mar. 1, 2019** Visa applications with passports, photos and fees will be submitted to the Chinese Consulate.

## Proposed itinerary\*

Date	City	Activities
Day 1	(U.S.)	Leave for China.
Day 2	Beijing	Arrive in Beijing at the end of the day and check into hotel.
Day 3	Beijing	Morning: visit the Temple of Heaven and Tiananmen Square. After lunch: tour the Forbidden City, the Summer Palace, and the Temple of Longevity. Dinner: Chinese dumplings.
Day 4	Beijing	Morning: observe Tai Chi exercises in a park and witness a Baiyun Daoist Observance. After lunch: visit the Cathedral of Beijing and Dashalan Market Street. Dinner: Beijing Roast Duck.
Day 5	Beijing	Day trip to the Great Wall, Spiritual Road, and the tombs of the Ming Dynasty emperors. After lunch, Leave for the airport to fly to Xi'an. Check into hotel in Xi'an in the evening.
Day 6	Xi'an	Spend the morning with the Terracotta Soldiers. After lunch: visit the Bathing Pool of the Tang Dynasty Royal Family and the Museum of Chinese Inland Folk Culture.
Day 7	Xi'an	Visit the Huajuexiang Mosque and Huimin Jie, the Street of the Moslems. End of the afternoon: fly to Chongqing.
Day 8	Chongqing	Morning: General Stilwell & World War II Museum and Hongyandong Market Place. After lunch: Huaqing Buddhist Temple and Nanshan Park. Dinner: Hot Pot (a Chongqing speciality).
Day 9	Chongqing	Morning: drive to Leshan and visit the Giant Buddha and Lingyun Buddhist Temple. After lunch: visit the Taoist Lingbao Pagoda, then drive to Chengdu.
Day 10	Chengdu	Morning: visit downtown Chengdu. After lunch: visit Jinli, the traditional marketplace. Dinner: Chen Mapo Tufu (a Chengdu speciality)
Day 11	Chengdu	Spend the morning at the Panda Nursery. After lunch: visit to the Wuhou Temple and local shopping area.
Day 12	Chengdu	Fly back to the U.S.

\* details subject to change

## Learn More

Visit SPIRAL International's website: [www.spiralinternational.org](http://www.spiralinternational.org).

Or contact Michele Hirsch at SPIRAL:

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