



Visit Taiwan

with SPIRAL International's
History & Culture Tour
2023





Sign up today for the trip of a lifetime: a 12-day discovery tour of Taiwan!




Join us to explore Taiwan's rich cultural and spiritual heritage, stunning scenery, and amazing food. Tour some of its historic monuments and temples, learn about its education system, and spend time with Taiwanese students and educators.





- Visit Taiwan partner school for academic exchange. American and Taiwanese students (age peers) work on education projects and visit local cultural sites together.
- There are many Buddhist, Taoist and Confucian temples throughout Taiwan. The southern city of Tainan is especially well-known for temples. There will be the opportunity to visit several temples.
- Many natural wonders will be explored, including the stunning scenery of the east coast and the awe-inspiring Taroko Gorge. Another site of extraordinary beauty—Sun Moon Lake—is surrounded by mountains. Taiwan's beaches are beautiful as well.
- Taiwan is famous for its excellent cuisine. One of the best places to taste what Taiwan has to offer is at a local night market. You will visit three on this tour.


2023 Taiwan Trip Sample Itinerary



Date	Morning	Afternoon	Evening
Day 1	Depart for Taipei		
Day 2 Taipei	Arrive at Taipei, meet the local guide, breakfast Taipei City Tour: National Chiang Kai-shek Memorial Hall, Presidential Office Building	National Palace Museum 	Check into hotel in Taipei Taipei 101
Day 3 Taipei	Taipei City Tour:  Bangka Lungshan Temple, Bopiliao Historical Block, the Heritage and Culture Education Center of Taipei City, the Red House Theater	National Sun Yat-sen Memorial Hall, the Songshan Cultural and Creative Park, Four Four South Village	Shilin Night Market  Hotel in Taipei
Day 4 Nantou	Take a bus to Nantou	Sun Moon Lake Boat Cruise 	Feng Chia Night Market Hotel in Taichung

<p>Day 5 Tainan</p>	<p>Check out hotel and take a bus to Tainan</p> <p>Visit partner school in Tainan</p>  <p>Attend a welcome party and visit classes.</p>	<p>Visit with local students: Anping Old Fort (Fort Zeelandia) – a fortress built in 1600s by the Dutch East India Company</p>	<p>Hotel/host family in Tainan</p>
<p>Day 6 Tainan</p>	<p>Visit partner school in Tainan</p> <p>Tour campus, teacher demo class.</p> <p>Common educational projects: topics include but not limited to: Refugee, Genetic Studies, English, etc.</p>	<p>Visit with local students: Ten Drum Culture Village – First International Art Village for Drum Music of Asia</p> 	<p>Tainan Night Market</p> <p>Hotel/host family</p>
<p>Day 7 Tainan</p>	<p>Visit partner school in Tainan</p> <p>Common educational projects: topics include but not limited to: Refugee, Genetic Studies, English, etc.</p>	<p>Visit Kaohsiung with local students:</p> <p>Kaohsiung Hakka Cultural Museum, Qishan Old Street</p> 	<p>Hotel/host family in Tainan</p>

<p>Day 8 Pingtung</p>	<p>Take a bus to Pingtung County: Visit Taiwan Indigenous Peoples Cultural Park</p> 	<p>Visit the Eluanbi Lighthouse and enjoy the beach and sunset</p>	<p>Kenting Night Market Hotel in Kenting</p>
<p>Day 9 Taitung</p>	<p>Take a bus to Taiwan's eastern city of Taitung Visit Taitung's Museum of Prehistory</p>	<p>Enjoy a laid-back cycling tour of Taitung Forest Park and hike through the Seashore Park</p> 	<p>Hotel in Taitung</p>
<p>Day 10 Hualien</p>	<p>Travel along Taiwan's beautiful eastern coast to Hualien</p> 	<p>Visit the Eternal Spring Shrine and Swallow's Grotto</p>	<p>Hotel in Hualien</p>
<p>Day 11 Hualien</p>	<p>Visit Taroko Gorge in Taroko National Park</p> 	<p>Take a bus to Taoyuan</p>	<p>Hotel in Taoyuan</p>

<p>Day 12 Taoyuan</p>	<p>Taoyuan City Tour: Cihu Mausoleum, Daxi Blooming Oasis</p>	<p>Visit Daxi Old Street, Shihmen Reservoir</p> 	<p>Fly back to New York City</p>
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