

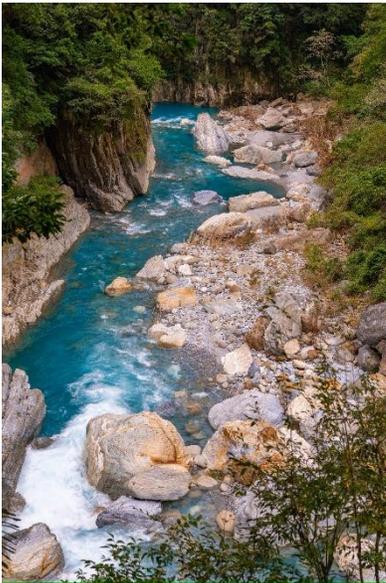


Visit Taiwan with SPIRAL International

Taiwan: History & Culture Tour

Sign up for the trip of a lifetime: a 2-week discovery tour!

Available in 2023



Join us to explore Taiwan's rich cultural and spiritual heritage, stunning scenery, and amazing food. Tour some of its historic monuments and temples, learn about its education system, and spend time with local students and educators.

- Visit two local schools for educational exchange. US and local students get to know each other and share classrooms to learn and discuss topics in English and Chinese. School activities may include interactive projects in science and art, playing sports together, singing, and learning about local history and culture.
- Other hands-on experiences may include cooking classes, tea making, calligraphy, bike riding through a beach area, an easy hike in the mountains, fishing, beach cookout, planting rice, etc.
- Visit some famous landmarks and cultural and historical museums throughout Taiwan.
- Many natural wonders will be explored, including the stunning scenery of the east coast and the awe-inspiring Taroko Gorge.
- Taiwan is famous for its excellent cuisine. One of the best places to taste what Taiwan has to offer is at a local night market. You will visit a few of the most famous night markets on this tour and order food in Chinese with local students.

SAMPLE ITINERARY

- Day 1 Start Tour**
- Day 2 Taipei** - Arrive Taipei late. Trip introduction
- Day 3 Taipei** - Explore city, including National Chiang Kai-shek Memorial Hall, National Palace Museum; Taiwanese cooking class and bubble (boba) tea-making; visit night market
- Day 4 Taipei** - Longshan Temple, Bopiliao Historic Area, Red House Theater, National Sun Yat-sen Memorial Hall, the Songshan Cultural and Creative Park, Four Four South Village; Evening at Taipei 101 skyscraper
- Day 5 Tainan** - Anping Old Fort (Fort Zeelandia); Taijiang National Park; visit night market
- Day 6 Tainan** - Education activities with local school; visit Tainan salt field and beach
- Day 7 Tainan** - Education activities with local school; school activity at beach
- Day 8 Pingtung** – Cacao farm – make own chocolate; Eluanbi Lighthouse
- Day 9 Taitung** - Service-learning beach activity, cycling tour of Taitung Forest Park; hike through Seashore Park; Museum of Prehistory
- Day 10 Taitung/Hualien** - Rift Valley, visit rice paddies to learn from indigenous people (and get to plant rice!); Ecological learning in wetlands: Catch fish with traditional fish traps; make sticky rice dessert; visit night market
- Day 11 Hualien** - Taroko Gorge, Eternal Spring Shrine, Swallow's Grotto
- Day 12 Taoyan** - Education activities with local school; tea-making; ceramics studio; tour traditional houses
- Day 13 Taoyan/End Tour** - Education activities with local school; Depart for home in evening



For more information, email Jason at programs@spiralinternational.org or call 802-540-0305